

Aintree
Head & Neck
Practice
Development
Unit

Using ear drops prescribed by the doctor



Aintree University Hospital
NHS Foundation Trust

Aintree Head and Neck Unit
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Ear drops

The doctor has prescribed antibiotic ear drops for you.

The medical team may have cleaned your ear free of debris to allow the ear drops to work on the affected area.

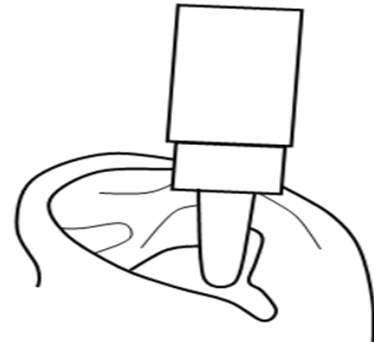
To improve your symptoms the correct instillation of the ear drops is necessary.

How should I insert the ear drops?

- Wash your hands thoroughly.



- Lie on your side with the ear to be treated uppermost.
- Gently pull the ear upwards and outwards. Ideally a second person should do this.
- Instil the amount of drops as printed on the bottle, into the ear canal then massage the area in front of your ear.



- Remain lying down for 5 minutes then get up and wipe away the excess fluid.
- Do not put cotton wool into your ear as this will only absorb the drops and reduce their effect.
- Repeat the same procedure to the opposite ear if needed.

For people who have had mastoid surgery:

The drops need to reach two sites, the ear canal and the mastoid cavity.

- Put the drops in as previously explained.
- To ensure the drops reach the mastoid cavity, you now need to lie on your back and instil the advised amount.
- Remain in this position for 5 minutes then get up and wipe away the excess fluid.

You must complete the course of ear drops.

In the event of adverse reaction (itchiness, swelling or a rash) stop treatment immediately and seek advice.

Further Information

Aintree ENT Outpatients Department
Elective Care Centre

Tel: 0151 529 0358 / 0151 529 0357

Ward 28:- 0151 529 5239

Ward 29:- 0151 529 5195

NHS Direct

Tel: 0845 4647

www.nhsdirect.nhs.uk

www.patient.co.uk/health

www.entuk.org



If you require a special edition of this leaflet

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