

Open Access Follow-Up Anti-hormone therapy Aromatase Inhibitors

Aintree University Hospital **NHS**

NHS Foundation Trust

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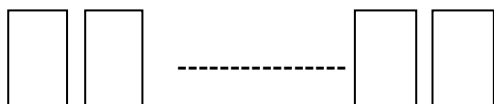
Patients with hormone sensitive cancer are prescribed anti-hormone tablets, also known as endocrine therapy. You are one of these patients.

You are on a type of endocrine therapy called an 'aromatase inhibitor'. You will not have to pay for these tablets as you are entitled to free prescriptions.

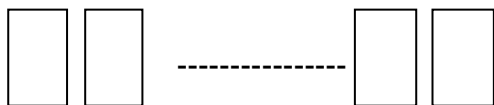
Your aromatase inhibitor is called

You will normally take your tablets for a period of five years, but this is under constant review. Your medical oncologist will have discussed with you when you should stop.

You started taking your aromatase inhibitor In:



You will finish your aromatase inhibitor in



Treatments change and develop all the time; if there are major changes to this type of treatment during the time you are on it we will tell you about this and about what this may mean for you at your annual mammogram appointment.

Side effects of treatment

You may experience side-effects that are particular to the type of aromatase inhibitor that you are taking.

We will have given you a separate advice sheet about these. If you do not have this you can ask us for another copy.

Bone density scans

When you are taking aromatase inhibitors you may need one or more bone density scans (DEXA scans).

These scans can tell us if you are developing bone thinning which could lead to a condition called osteoporosis. We will tell you if you need these scans.

If you do, you will have them about every two years, starting with a baseline scan. Your consultant oncologist will let you know how these will be booked.

These scans may be arranged either by us, or by our GP depending on what is convenient for you.



If you require a special edition of this leaflet

This leaflet is available in large print, Braille, on audio tape or disk and in other languages on request. Please:

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