

## Patient information

### **Your Audiology Assessment**

Audiology Department – Aintree Hospital

Today you have seen a Clinical Audiologist for a hearing assessment.

This leaflet explains the level of hearing loss you have and what will happen next. This leaflet contains personal information and should be kept in a safe place. It is for your own information and you may find it helpful to bring it to future appointments.

#### **You have had your ears examined today and on examination**

##### **The right ear was:**

- Intact and healthy
- Scarred
- Perforated
- Occluded with wax
- Other

##### **The left ear was:**

- Intact and healthy
- Scarred
- Perforated
- Occluded with wax
- Other

##### **Your main hearing difficulties are:**

- Hearing the television
- Hearing conversation more clearly when at home
- Hearing conversation more clearly when out socially in background noise
- Hearing conversation better when at work
- Hearing better when at a meeting
- Hearing the service better at a place of worship
- Hearing your doorbell or telephone ring
- Hearing conversation on the telephone
- Hearing your smoke alarm
- Hearing conversation with other people when in the car

Other situations:

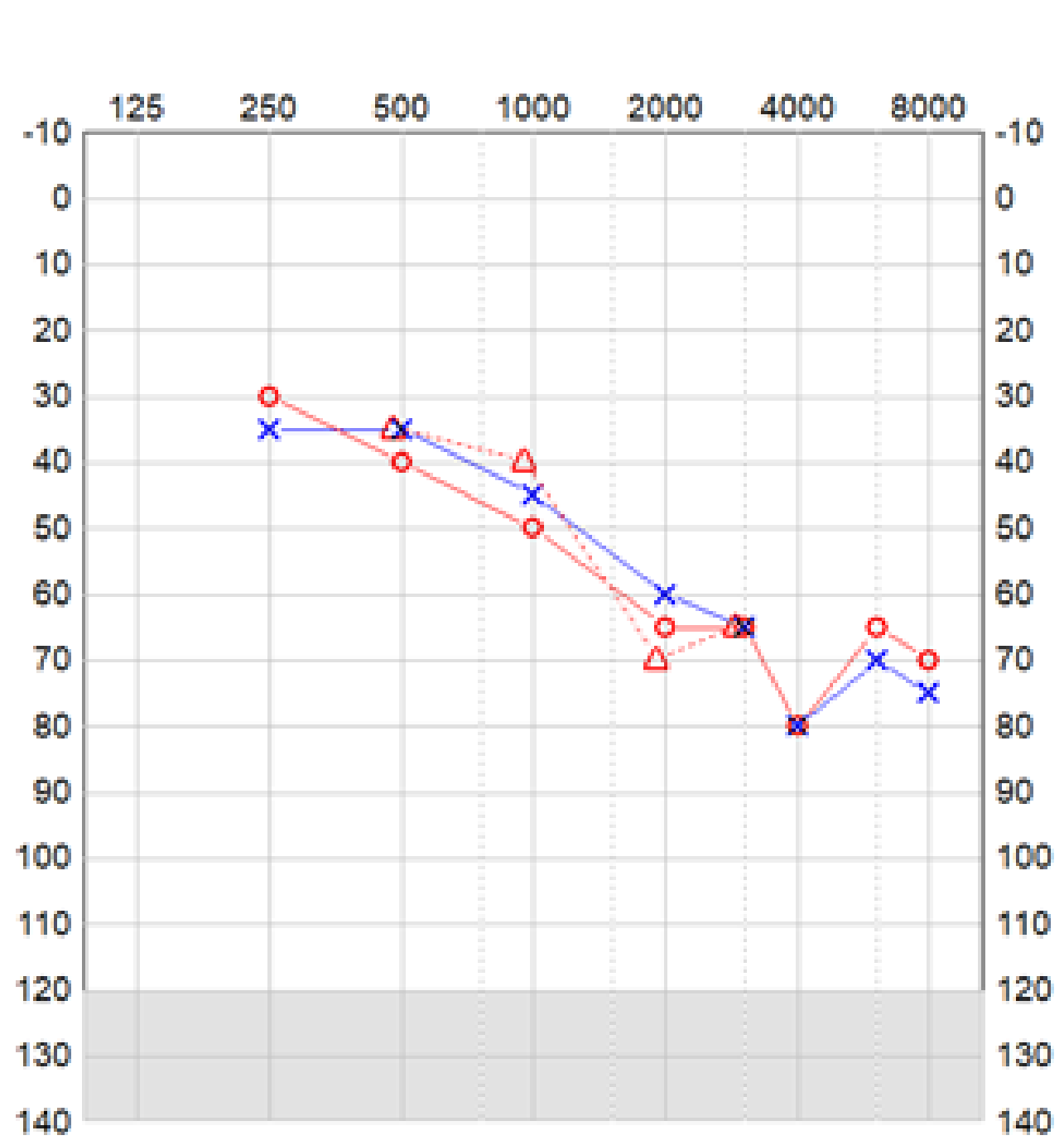
.....

We have tested your hearing and found that you have:

.....

O Right Ear

x Left Ear



## What happens next?

- We will make arrangements for you to see us for the fitting of your hearing aid(s). The current waiting time is \_\_\_\_\_ weeks.
- Your hearing aids have been updated to our latest technology
- We will refer you to the Ear Nose and Throat department for further treatment.
- We wish you to have your ears syringed either by your GP or at a community clinic as discussed. You must make an appointment to be seen. It is advisable to use drops to soften the wax for seven to ten days before attending the clinic. Please contact us on 0151 529 0328 once your ears are clear.
- You have told us that you do not wish to be fitted with a hearing aid. Please see your GP should you reconsider.
- We have referred you for an MRI scan. We will inform you of the results once they have been reported.
- Other

## Hearing aids and Hearing Tactics

The majority of people with a hearing loss, even a mild one, benefit from using hearing aids and listening tactics.

NHS hearing aids are digital and sit behind the ear with a choice of ear piece depending on the level of hearing loss.

It will take you some time to get used to your new hearing aid as you will notice sounds that you have not heard for some time.

At first, get used to your hearing aid(s) in easy listening environments such as when you are at home before you wear it (them) in very noisy places.

The more you wear your aid(s) the more accustomed you will become to them.

Hearing aids will make a difference to your quality of life by making the most of the hearing you have and will reduce some of the hearing difficulties that you were experiencing. However in noisy places you may still find it difficult to follow what people are saying. It can take several months to fully get used to wearing hearing aids.

## Hearing tactics

- If possible, keep background noise to a minimum.
- Make sure the speaker is looking at you and you know the topic of conversation.
- Ideally you should be within three to six feet from the person you are listening to.
- Always look at the speakers face.

- Make sure the light is on their face, not in shadow. Ask them not to cover or obscure their face or mouth with hands or objects.
- Ask the speaker to speak normally but more slowly and distinctly.
- Ask the speaker not to shout.
- Use all the clues available, such as facial expression and hand gestures.
- If a sentence has not been heard after it has been repeated, ask the speaker to rephrase it, or as a last measure to write it down.
- Ask the speaker questions to confirm understanding.
- Be alert and concentrate on essentials and try to ignore what is not wanted.

If you have any questions about your appointment please contact the Audiology Department :

**Tel:0151 529 0328/0329**

**Email: [audiology@aintree.nhs.uk](mailto:audiology@aintree.nhs.uk)**

### **Feedback**

Your feedback is important to us and helps us influence care in the future.

Following your discharge from hospital or attendance at your outpatient appointment you will receive a text asking if you would recommend our service to others. Please take the time to text back, you will not be charged for the text and can opt out at any point. Your co-operation is greatly appreciated.

**If you have any concerns or queries about our service, please let us know and we will do our best to help you.**

### **Further information**

**The Audiology Department can be contacted on:**

**Tel: 0151 529 0328 / 0329**

**Email: [audiology@aintree.nhs.uk](mailto:audiology@aintree.nhs.uk)**

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All Trust approved information is available on request in alternative formats, including other languages, easy read, large print, audio, Braille, moon and electronically.

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