

Patient information

What to Expect After a Rigid Cystoscopy

Urology Department

You have had a rigid cystoscopy. This leaflet explains what to expect when you go home after a rigid cystoscopy.

What can I expect when I get home?

You will find it uncomfortable to pass urine for the first 24 hours. This discomfort should improve as time goes by.

If it is getting worse or you are finding it difficult to pass water or you are feeling feverish or unwell it is important that you speak to your family doctor (GP) or attend the Emergency Department (A&E).

It is normal to see some blood in the urine this should improve as the days go by. If you pass clots or have difficulty passing urine because of the blood then you should speak to your GP or attend the Emergency Department (A&E).

Do I need to take any special measures in the next few days?

You should aim to try and keep you urine dilute over the 48 hours after the examination. This is especially the case if you are seeing some blood in the urine. You should not drink huge quantities of fluid, a glass of water every few hours should be enough.

Can I do everything as normal?

How soon you can return to normal depends on exactly what you have had done. Your surgeon should be able to give you an indication of how soon you can return to normal activity after the examination has been completed. In general terms you should avoid heavy exercise for two weeks after the procedure. If you are still seeing blood in your urine then you should avoid it until the blood has gone for at least a week.

Feedback

Your feedback is important to us and helps us influence care in the future.

Following your discharge from hospital or attendance at your outpatient appointment you will receive a text asking if you would recommend our service to others. Please take the time to text back, you will not be charged for the text and can opt out at any point. Your co-operation is greatly appreciated.

Further information

For general queries about cystoscopies telephone the Urology Centre on Tel: 0151 282 6809

Text phone number: 18001 0151 282 6809

For clinical questions specific to your case, telephone the secretary of your Urology Consultant

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