

Patient information

Stump Compression Socks

Therapies

Why have I been given a compression sock?

Wearing a compression sock on your residual limb (stump) will help to reduce any swelling, improve the shape and provide support.

How to use your compression sock

- Apply the sock over dry skin, making sure that it is pulled up with no wrinkles
- Wear the sock all day, and night if comfortable
- Remove it at least once daily in order to wash your residual limb
- Check your skin daily for redness, abrasions or soreness. If you have any problems, leave the sock off and contact the Centre for advice
- Remove the compression sock for a short period if you experience any pain, pins and needles or discomfort
- If these symptoms happen again when you put the sock back on, leave it off and contact the Centre for advice

Care of your compression sock

- Wash the sock by hand or at 40°C in a washing machine
- Dry naturally or in a tumble dryer on a low heat
- Ensure the sock is fully dry before re-applying

What to do if your compression sock is lost, damaged or too loose

- Contact the Centre for advice
- You may need to arrange an appointment to be measured as your residual limb could have changed in size since the original sock was issued

If you have any further questions, please contact the Centre Nurses via Reception on Tel: 0151 529 8733 Text phone Number: 18001 0151 529 8733

Feedback

Your feedback is important to us and helps us influence care in the future. Following your discharge from hospital or attendance at your outpatient appointment you will receive a text asking if you would recommend our service to others. Please take the time to text back, you will not be charged for the text and can opt out at any point. Your co-operation is greatly appreciated.

Further information

Prosthetic and Wheelchair Centre

Lower Lane

Liverpool L9 7AL

Tel:0151-529-3033

Text phone number: 18001 0151 529 3033

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All Trust approved information is available on request in alternative formats, including other languages, easy read, large print, audio, Braille, moon and electronically.

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