



*Better
Together*

Patient information

Introduction to the Nephrology Department

Nephrology Department

Royal Liverpool Hospital and Broadgreen Hospital

PIF 1415 V2

Nephrology is the scientific study of the kidneys. You may also hear the words renal medicine, which means the same thing. You have been referred to the hospital by your family doctor (GP) or other hospital doctor as there may be a problem with your kidneys.

This information leaflet is to introduce you to the Nephrology Department and to let you know what will happen on your first visit. The Nephrology Clinic at Royal Liverpool University Hospital is based in the main outpatients department on the ground floor

The people you will see on your first and any following visits will be:

- The Consultant Nephrologist.
- Registrar or Senior House Officer.
- The Clinic Support Nurses.
- Renal Specialist Nurse.
- Renal Dietician.

What will happen on my first visit to the hospital?

On your first visit the Consultant Nephrologist will see you. You will be asked many questions about your current and past medical problems.

It is important that you bring a list of all the medicines you are currently taking or bring the medicines in their boxes.

You will need to bring with you a specimen of urine in a clean container for testing.

If you have been getting your blood pressure checked at your GP surgery or if you have diabetes, please bring your record cards with you.

The first appointment may take up to one and a half hours in clinic and then you will need to have some blood taken. You may be at the hospital for about two hours. The results of the ultrasound scan and blood and urine tests you have done prior to attending your first appointment will be discussed, and these results will help confirm if you have Chronic Kidney Disease.

What happens next?

After your first visit depending on the results of all your tests, and the doctors clinical examination you may not have to be seen again.

If you do need a follow up appointment this will be sent to you in the post. The doctor who sees you see will decide when you need to be seen again. Some patients need to be seen on a regular basis every three months. Some need to be seen less often and may only need to be seen once a year. There are also some people who do not need to be seen regularly in the hospital and can be managed by their own GP.

What happens if I have any questions?

The nephrology staff are all very experienced and will be able to answer any questions you may have. Please feel free to ask any questions

Further information

If you require any further information please contact
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All Trust approved information is available on request in alternative formats, including other languages, easy read, large print, audio, Braille, moon and electronically.

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