

Patient information

Haematuria Clinic

Urology Department

Your family doctor (GP) has referred you to Haematuria Clinic for investigation. This leaflet explains what to expect when you come to haematuria clinic.

What is haematuria and what causes it?

Haematuria simply means blood in your urine. Blood may not always be visible to the naked eye but may be detected during a urine test.

Haematuria has many causes, ranging from urinary tract infections to problems associated with the bladder, kidneys or prostate.

What is the aim of haematuria clinic?

The aim of the Haematuria Clinic is to diagnose the cause of the haematuria in as many people as possible in a single clinic visit.

What happens at haematuria clinic?

- You will be seen by a Specialist Nurse who will explain the tests you are about to have. They will take your medical history and measure your temperature, pulse and blood pressure.
- You will be asked to provide a urine sample that will be sent to the laboratory for analysis.
- You will have blood samples taken.
- You will have an ultrasound scan of the kidneys and bladder and you may also have an X-ray of your abdomen.
- You will be seen by a doctor who will confirm your medical history, examine you and perform a flexible cystoscopy. A flexible cystoscopy is when a small flexible telescope is passed into the bladder through the urethra in order to look at the lining of the bladder (see further leaflet – Flexible Cystoscopy).

This procedure only takes a few minutes and most people find it only slightly uncomfortable.

What do I need to bring with me?

You need to bring a dressing gown to wear while waiting to have your investigations. You should also bring reading material because you will have periods of waiting between tests. We will provide drinks and sandwiches.

How long does haematuria clinic take?

You can expect to be at the clinic for four to five hours.

When will I get my results?

A doctor will see you with most of your results at the end of your visit. The results will be explained to you and any further treatment or tests will be organised.

Feedback

Your feedback is important to us and helps us influence care in the future.

Following your discharge from hospital or attendance at your outpatient appointment you will receive a text asking if you would recommend our service to others. Please take the time to text back, you will not be charged for the text and can opt out at any point. Your co-operation is greatly appreciated.

Further information

**For general queries about Haematuria Clinic telephone the Urology Centre on Tel: 0151 282 6809
Text phone number: 18001 0151 282 6809**

For clinical questions specific to your case, telephone the secretary of your Urology Consultant

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