

Patient information

Caring for Your Liner - Prosthetic and Wheelchair Centre

Therapies

Introduction



The liner you have been provided with creates a strong barrier between your skin and the socket wall.

The following points are important in order for your liner to be effective and to prevent problems with your skin and the underlying tissues:

Do's

- At least once a day carefully examine your liner for tears or abrasions. Report any damage to your prosthetist.
- Maintaining good hygiene within the liner can prevent odours and bacteria and reduce the risk of skin problems and infections.
- Look over the liner and clean it inside by following the instructions as advised by your prosthetist and the manufacturer's literature regarding specific liner care.
- Use a mild antibacterial, non allergenic, alcohol free soap to wash the liner.
- Rinse thoroughly with clean water, and pat dry with a towel.
- Make sure it is completely dry before rolling it onto your skin.

Don'ts

- **Do not** apply creams to your stump or liner unless they are specifically prescribed for use with the liner.

- **Do not** make adjustments to the liner yourself by cutting, trimming or adding pads inside it. This can lead to serious stump problems and also voids the warranty of the liner.
- **Do not** put the liner in the washing machine or immerse it fully in water for prolonged periods.

Feedback

Your feedback is important to us and helps us influence care in the future. Following your discharge from hospital or attendance at your outpatient appointment you will receive a text asking if you would recommend our service to others. Please take the time to text back, you will not be charged for the text and can opt out at any point. Your co-operation is greatly appreciated.

Further Information

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Review date: July 2025

All Trust approved information is available on request in alternative formats, including other languages, easy read, large print, audio, Braille, moon and electronically.

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